

## **Ewam Buddhist Studies Certificate (shedra) Program 2022:**

At the Ewam Buddhist Institute, we focus on imparting the comprehensive views of all three vehicles; the foundational vehicle, the Mahayana and the tantras leading to the pinnacle, great Dzogchen of Vajrayana. The courses cover both the theory and practice of the entire Buddhist path taught by our world class faculty, Namchag Khen Rinpoche and Jetsunma Jamyang Palmo. The sutra courses (first three courses) will be taught through the root text, *Treasury of Precious Qualities* by Jigme Lingpa. These courses will occur over the duration of 10 -15 days to make the program more opportune and conducive to the ability of all students to attend. These short-format courses will provide a holistic, comprehensive and first-hand experience of Buddhist Philosophy. The Ewam Buddhist Institute also offers practice instructions and extension courses throughout the programs making this a unique and invaluable feature of our curriculum. The sutra courses will also be offered online live streamed and for later viewing to accommodate personal schedules.

Upon completion of the sutra section and pre-requisite practices students may apply to attend the Vajrayana program. Tantra courses will be held for twenty-two days this year from the root and commentary text. The accumulations of Ngondro practices and completion of Vajrayana I are mandatory to take the Vajrayana II class. The students of the Vajrayana classes will receive Mahayoga, Anuyoga, and Ati-yoga empowerments of the canonical tradition. Tulku Sang-ngag Rinpoche will bestow empowerments at the beginning of the Vajrayana Shedra this year.

Ewam will award the following two kinds of certificates after graduation:

- Undergraduate Certificate (**TBD**) upon the completion of Sutra studies with a total of 18 credits.
- Graduate Certificate (**TBD**) upon the completion of both Sutra and Tantra studies with a total of 37 credits.

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### **Main Courses:**

- 1. First Course: General Outer Preliminaries**  
Course no: **SUT101 (Credit: 5)**  
Book: Treasury of Precious Qualities (Sutra)  
Chapter 1- 5
- 2. Second Course: The Extraordinary Inner Preliminaries I**  
Course no: **SUT102 (Credit: 5)**  
Book: Treasury of Precious Qualities (Sutra)  
Chapter 6- 8
- 3. Third Course: The Extraordinary Inner Preliminaries II**  
Course no: **SUT103 (Credit: 5)**  
Book: Treasury of Precious Qualities (Sutra)  
Chapter 9
- 4. Fourth Course: Vajrayana I**

Course no: **TAN104 (Credit: 5)**  
Book: Treasure of Precious Qualities (Tantra)  
Chapter 10

**5. Fifth Course: Vajrayana II (Great Perfection)**

Course no: **TAN105 (credit: 5)**  
Book: Treasure of Precious Qualities (Tantra)  
Chapter 11- 13

**Extension Courses:**

1. **Course Title: Guide to Ngondro Practices**  
Course no: **NYON111 (Credit: 3)**  
Book: **TBD**
2. **Course Title: Analytical/Calm Abiding Meditation Course**  
Course no: **MED112 (Credit: 3)**  
Book: **TBD**
3. **Course Title: Introduction to Vajrayana**  
Course no: **VAJ113 (Credit: 3)**  
Book:
4. **Course Title: Introduction to the Great Perfection (Dzogchen)**  
Course no: **DZOG114 (Credit: 3)**  
Book: **TBD**

**Total: 37 credits**

**(This syllabus is subject to change based on the needs of the class or the circumstances)**

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**Summer Shedra Tantra Course Schedule for July 2022:**

- July 1, 2022 = Empowerment
- July 2, 2022 = Class commences
- July 22, 2022 = Exam
- July 30, 2022 = Conclusion / Tsog Offering

**Summer Shedra Sutra Course Schedule for July 2022:**

- July 8 - July 17, 2022 = General Outer Preliminaries course
- July 19 - July 28, 2022 = The Extraordinary Inner Preliminaries I course

**Summer Shedra Meditation Class Schedule for July 2022:**

- July 8 - July 17, 2022 = 1-hour evening Meditation (Analytical/Calm abiding)
- July 19 - July 28, 2022 = 1-hour evening Meditation (Analytical / Calm abiding)

Course	Course Title	Times	Credit	Instructor
TAN105	Vajrayana II (The Great Perfection)	9:00AM - 12:00 AM and 4:00 PM - 6:00 PM 7/2/2022 - 7/29/2022	5	Khen Rinpoche Ngawang Gelek

**Prerequisites:** Must have completed all the sutra courses and TAN104, Ngondro accumulation practices, and Ati-yoga (Great Perfection) canonical empowerment.

**Course Description:** This final course will be held twice a day and addresses the last three chapters of the ground, the extraordinary path of practice, and the ultimate result of the kayas and wisdom of the Great Perfection.

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Course	Course Title	Times	Credit	Instructor
SUT101	General Outer Preliminaries 1	9:00 AM- 11:00 AM 7/8/2022 - 7/17/2022	5	Jetsunma Jamyang Palmo

**Course Description:** This class covers the teachings of general outer preliminaries of the four thoughts that turn the mind toward the dharma. The teaching includes the five chapters from the root text. Exam will be held on the last day of class.

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Course	Course Title	Times	Credit	Instructor
SUT102	The Extraordinary Inner Preliminaries I	9:00 AM - 11:00 AM 7/19/2022 - 7/28/2022	5	Jetsunma Jamyang Palmo

**Course Description:** This class focuses on the teachings of the extraordinary inner preliminaries of Refuge and Bodhicitta practices taught on an extensive level. This

course encompasses the three chapters from the root text. Exam will be held on the last day of class.

Course	Course Title	Times	Credit	Instructor
MED112	Analytical/Calm abiding Meditation	5:00 PM- 6:00 PM 7/8/2022 - 7/17/2022 & 7/19/2022 -7/28/2022	3	Jetsunma Jamyang Palmo

**Session Descriptions:** The practice of sitting meditation is aimed at gaining concentration and understanding. We will have group discussions that reflect on the topics of the course in addition to the meditation instructions.

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### **Lodging Fees for 2022:**

- Lodgings will be provided according to your preferences such as single/shared rooms, dormitory, and camping with equipped kitchenware. Each student takes care of their own groceries and meals, we have volunteers who can pick up and deliver groceries. There are several kitchens for you to enjoy and use 24/7 for all levels of accommodations. The Garden will always provide coffee and tea and snacks at tea breaks.

### **Tuition Fees+ Lodging for 2022:**

- 30-day Tantra course, onsite only: \$900-\$1200
  - 10-day sutra course and meditation class for both on-site and Online: \$600-\$1100 depending on accommodation levels or Online/commuter rates
  - \$200 deposit required to hold your spot, registration closes two weeks before class begins, all fees must be paid by that time in full.
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### **Rules of students:**

1. Self-cleaning of classrooms on a daily basis.
2. Self-cleaning of your rooms and bathrooms during your stay and before departure.
3. Will provide clean beddings (campers supply your own), towels and toiletries on arrival, and will require to kindly return clean beddings and towels before departure.

### **Covid Requirements**

1. To attend onsite must be vaccinated and take a rapid antigen approximately two days before arrival