

Ewam Buddhist Studies Shedra Program

July 2023

Announcement

Khen Rinpoche Ngawang Gelek has kindly supervised our Shedra until 2022. Now from 2023 onward, Ewam Admin at the Garden of One Thousand Buddhas will oversee the Shedra program and be responsible for deciding everything that is associated with the program.

Summer Buddhist Studies Program

This summer, Ewam Buddhist Institute invites people of all backgrounds for an unforgettable experience of receiving teachings on core Buddhist philosophy and practices in a Western educational style.

Shedra is a Tibetan word meaning “place of teaching.” It traditionally refers to the education provided in Tibetan Buddhist monasteries and nunneries. Ewam’s Shedra provides comprehensive teachings for everyone with no need to take monastic vows.

Our curriculum covers the theory and practice of the three vehicles of the entire Buddhist path – the foundational, the Mahayana, and the Vajrayana including the pinnacle, Dzogchen – in a unique and invaluable way. In addition to receiving teachings in the classroom, students will have ample time for study, practice, and

enjoying the beautiful mountain atmosphere of the Buddha Garden.

Our world-class faculty, [Namchag Khen Rinpoche and Jetsunma Jamyang Palmo](#) will use Jigme Linpa's text, *Treasury of Precious Qualities* and additional texts. Our short-format courses, each 11 – 12 days long, provide holistic, comprehensive, and first-hand experience of Buddhist Philosophy, while making them more accessible than longer-format programs.

Upon completion of the Sutra courses and the prerequisite practices (accumulations of Ngondro), students may apply to attend the Vajrayana program. Students of the Vajrayana classes will receive Mahayoga, Anuyoga, and Ati-yoga empowerments of the canonical tradition bestowed by Tulku Sang-ngag Rinpoche at the beginning of the Vajrayana Shedra.

Ewam will award the following two kinds of certificates upon graduation:

- Undergraduate certificate upon the completion of Sutra studies with a total of 18 credits.
- Graduate certificate upon the completion of both Sutra and Tantra studies with a total of 37 credits.

Main Courses:

1. SUT101 (5 Credits): General Outer Preliminaries Book: *Treasury of Precious Qualities* (Sutra): Chapter 1- 5
2. SUT102 (5 Credits): The Extraordinary Inner Preliminaries I Book: *Treasury of Precious Qualities* (Sutra): Chapter 6- 8
3. SUT103 (5 Credits): The Extraordinary Inner Preliminaries II Book: *Treasury of Precious Qualities* (Sutra): Chapter 9
4. TAN104 (5 Credits) Vajrayana I Book: *Treasury of Precious Qualities* (Tantra): Chapter 10
5. TAN105 (5 Credits): Vajrayana II (Great Perfection): Book: *Treasury of Precious Qualities* (Tantra): Chapter 11- 13

Extension Courses:

1. NYON111 (3 Credits): Guide to Ngondro Practices Book: **TBD**
 2. MED112 (3 Credits): Analytical/Calm Abiding Meditation Book: **TBD**
 3. VAJ113 (3 Credits): Introduction to Vajrayana Book: **TBD**
 4. DZOG114 (3 Credits): Introduction to the Great Perfection (Dzogchen) Book: **TBD**
- Total: 37 credits

(This syllabus is subject to change based on the needs of the class)

Summer Shedra Sutra Course Schedule for July 2023:

July 02 - July 13: General Outer Preliminaries Course (SUT101)

July 03 - July 13: The Extraordinary Inner Preliminaries II Course (SUT103)

July 18 - July 28: The Extraordinary Inner Preliminaries I Course (SUT102)

Summer Shedra Tantra Course Schedule for July 2023:

July 16 - July 27: Guide to Ngondro Practices (NYON111)

July 28: Tsog Offering

Summer Shedra Meditation Class Schedule for July 2023:

July 03- July 13: 1 Hour Evening Meditation Class (MED112)

(Analytical/Calm Abiding)

July 18 - July 28: 1 Hour Evening Meditation Class

(MED112) (Analytical/Calm Abiding)

Timetables:

July 2-13, 2023

Course	Course Title	Time	Credits	Instructor
SUT101	General Outer Preliminaries	9:00 AM-11:00 AM and 4:00 PM– 6:00 PM	5	Khen Rinpoche Ngawang Gelek

Course Description: This class covers the teachings of general outer preliminaries of the four thoughts that turn the mind toward the dharma. The teaching includes five chapters from the root text. Exam will be held on the last day of class.

July 16-27, 2023

Course	Course Title	Time	Credits	Instructor
NYON111	Guide to Ngondro Practices	9:00 AM-11:00 AM and 4:00 PM– 6:00 PM	3	Khen Rinpoche Ngawang Gelek

Course Description: This introduction to Ngondro will inform you about the purposes of accumulating Ngondro. The objective is to get you well acquainted with the extensive knowledge and practices of Vajrayana. Test on the last day of the class.

July 3-13, 2023

Course	Course Title	Time	Credits	Instructor
SUT103	The Extraordinary Inner Preliminaries II	9:00 AM-11:00 AM	5	Jetsunma Jamyang Palmo

Course Description: This course will cover only chapter 9. This final chapter of sutra explains the precepts and training in aspiration and application of Bodhichitta practices in detail. This practice is the basis or transition point to the Vajrayana vehicle. There will be a test on the final day of the class.

July 18-28, 2023

Course	Course Title	Time	Credits	Instructor
SUT102	The Extraordinary Inner Preliminaries I	9:00 AM-11:00 AM	5	Jetsunma Jamyang Palmo

Course Description: This class focuses on the teachings of the extraordinary inner preliminaries of Refuge and Bodhicitta practices, taught on an extensive level. This course encompasses the three chapters from the root text. Exam will be held on the last day of class.

July 3-13 & July 18-28, 2023

Course	Course Title	Time	Credits	Instructor
MED 112	Analytical/Calm Abiding Meditation	5:00 PM-6:00 PM	3	Jetsunma Jamyang Palmo

Course Description: The practice of sitting meditation is aimed at gaining concentration and understanding. We will have group discussions that reflect on the topics of the course in addition to the meditation instructions.

Lodging Fees:

- \$30 Meals (per day)
- \$40 Camping, \$60 Shared, \$80 Single (per day)

Tuition Fees:

- \$600 (for complete 11-day or 12-day course)

Student Duties:

1. Students help clean classrooms on a daily basis.
2. Students clean their own rooms and bathrooms during their stay and before departure.
3. The Garden will provide clean bedding and towels on arrival. Students are required to kindly return clean bedding and towels before departure.
4. Campers provide their own bedding.